

Daria Alexia Ardelean

CURRICULUM VITAE

✉ dariaalexia.ardelean@phd.unipd.it • ORCID: 0009-0009-2583-0362 • GitHub: dariaalexiaardelean
Padova, Italy

I am a clinical psychologist and PhD student interested in clinical neuropsychology and meta-science.

Current Position

PhD in Psychological Sciences — Department of General Psychology, University of Padova

Nov 2025 – present · Supervisor: Giorgio Arcara

Galilean PhD fellowship — Social Sciences Class, Galilean School of Higher Education

Nov 2025 – present · Class coordinator: Marco Zorzi

Education and Research Training

Erasmus+ Traineeship in Non-Invasive Brain Stimulation — University of Padova, Italy

Aug 2025 – Nov 2025 · Supervisor: Giulio Contemori

- Participant recruitment, scheduling, and data collection for an experiment on visual segregation and integration using transcranial electrical stimulation (tES) and electroencephalography (EEG). Contributed to the multicentre TACS Challenge project, including a research visit to a collaborating laboratory in Rovereto. Tools: MATLAB, RStudio, NIC2.

Voluntary Internship in Meta-Research — University of Padova, Italy

Sep 2024 – Feb 2025 · Supervisor: Ioana Alina Cristea · 6 ECTS

- Running meta-analyses in R and working with existing RCT databases.

Erasmus+ Study in Clinical Neuropsychology and Cognitive Neuroscience — University of Padova

Feb 2024 – Feb 2025

- Coursework: Individual differences in cognition; Advanced social psychology and social neuroscience; Techniques and methods in psychological assessment (30 cum laude); Clinical neuropsychology; Psychiatry and psychopharmacology (30 cum laude); Neurology; Psychodynamics of family relationships (in Italian).

MSc, Clinical Psychology and Psychotherapy — West University of Timișoara

Sep 2023 – Sep 2025 · 120 ECTS · Final grade: Excellent

- Thesis: *Moderators of cognitive interventions for mild cognitive impairment* · Supervisor: Andrei Rusu

Research Training in Organisational Network Analysis — West University of Timișoara

Oct 2022 – Jan 2023

- Introductory training in Network Science; project awarded in a local competition. Skills: data cleaning, network analysis methodology, and analysis using Gephi.

Research Internship in Experimental Psychology — West University of Timișoara

Sep 2022 – Jul 2023 · Supervisor: Luca Tisu

- Worked with the Work and Organisational Psychology Research Group on the design of a strengths-based intervention for aspiring entrepreneurs and tutored students for the Experimental Psychology course.

Erasmus+ Study in Psychology — University of Padova

Feb 2022 – Jul 2022

BSc, Psychology — West University of Timișoara

Nov 2020 – Jul 2023 · 180 ECTS · Final grade: Excellent

- Thesis: *Empowering future entrepreneurs: Testing a strengths-based mindset intervention in a quasi-experimental*

pilot study

Training

Foundations of network meta-analysis — Cochrane

March 2026 · 24 hours · hybrid course

3R's of Trustworthy Science – Reproducibility, Replicability and Robustness — University of Padova

May 2026 · 15 hours

Teaching

Integrative Teaching (Didattica Integrativa) — Statistical Methods for Psychology (Prof. Stefano Noventa)

2025 - 2026 · 20 hours · University of Padova

- Preparation and grading of practical exercises in JASP.

Experimental Psychology Tutor — Experimental Psychology (Prof. Delia Virgă)

2021 - 2022 · 20 hours · West University of Timișoara

- Tutored first-year Psychology students for one semester; graded weekly written assignments and provided feedback.

Work Experience

Clinical Psychologist — Syncare Psychology Clinic, Lugoj, Romania

Mar 2025 – present

- Currently training in psychotherapy. Provided psychological assessment and brief interventions. Registered as clinical psychologist under supervision since May 2024.

Project Manager — PROW Conference, Cowork Timișoara, Romania

May 2021 – Apr 2024

- Contributed to building the largest product conference in Western Romania; defined and monitored Objective Key Results; led a team of 10+ people. Worked on national and international projects including Timișoara Startups (project manager), Innovation Labs, and Techstars Startup Weekend Timișoara.

Project Coordinator — Association of Sociology and Psychology Students, Timișoara

Dec 2020 – Aug 2021

- Defined and monitored objectives, evaluated coordinators, fundraising and partnerships, organisation of online and on-site public events, and moderation of meetings and workshops.

Publications

Ardelean, D. A., Tisu, L., & Virgă, D. (2025). Empowering future entrepreneurs: Testing a strengths-based mindset intervention in a quasi-experimental pilot study. *Psihologia Resurselor Umane Journal*, 23(1).

Conferences and Presentations

Metacognition, Aging and Perception Symposium — Rovereto, Italy, Sep 2025

Poster session.

National Alzheimer Conference — Bucharest, Romania, Jun 2025

E-poster session.

Honours and Awards

Galilean Fellowship for Doctoral Studies (3 years) — Scuola Galileiana di Studi Superiori, Social Sciences Class, 2025

Languages

Romanian (mother tongue) · English (C1) · French (B1) · Italian (A2-B1)

Skills

Project management · psychological assessment · data analysis · statistics · systematic reviews and meta-analysis · network analysis · experimental psychology · R/RStudio (intermediate) · MATLAB (basic) · Github (intermediate) · VSCode (intermediate) · Quarto (intermediate) · SPSS (proficient) · JASP (proficient) · Jamovi (proficient) · Gephi (intermediate) · MRICron (basic) · Brainstorm (basic) · EEGLab (basic) · Google Suite (proficient).

Last updated: June 4, 2026



Daria Alexia Ardelean